

4'21" (ca 4'56")

hu — hu — hu — hu — hu — he he he he he he he he he

mp 5" ff 10 15 f 20 PPP 25 P 30 mp 35

face crumpling, biting lip, LISTEN to breathing

• bring instrument to face very fast, playing with bell at an angle down toward floor.

• take inst. off lips, lower slowly to LISTEN to the silence

• beginning to rock, (torso, back & forth $\frac{2}{3}$ " at first slowly then speeding up.

• 3 inches above where it rested in focal position hold here

• start tapping foot again →

foot tapping → stop (silence)

ca 4'56" (ca 5'41")

he he he he hu — bu — hu he (he)..... hu — hu hu hu hu hu — hu....heheheha — ha — ha —

mp mf ppmf ppmf pp p mp pp < p < mp > p

5" 10 15 20 25 30 35 40

LISTEN TO the blood in your ears

- Keep Rocking torso
- Keep tapping foot
- Completely still (no rocking/tapping instrument up to face VERY fast to play)
- lower instrument 2 inches from face, hold, v. fast motion
- Swallow (close mouth + open)
- begin tapping foot

(silence)

ca 5'41" (6'26)

he... he

5" 10 15 20 25 30 35 40 45

mf > p f mf

LISTEN to sound of lips

bring mpce to lips "tasting" embouchure, unsure about mpce: form embouchure foot tapping

• break off, lips 1-2" from mpce, breathing hard

• again, slowly form embouchure and regard mouthpiece. touch off mouthpiece several times with embouchure before settling into embouchure on mpce.

→ stop

(silence)

remove lips v. briefly to breathe

• lips back on mpce

CONCENTRATE on the whistling sounds: listen to them CLOSELY

Sample page only

